

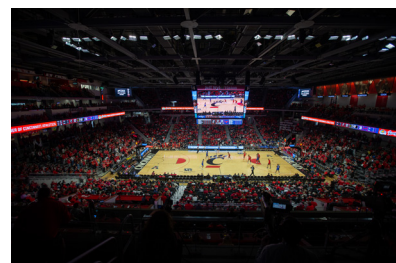
UNIVERSITY OF CINCINNATI — The Red and Black Book

2024

BOYSCOUTS
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TABLE OF CONTENTS

<i>Introductions</i>	3-8
<i>Academics</i>	9-13
<i>Athletics</i>	14-23
<i>Student Life</i>	24-29
<i>Alumni Experience</i>	30-37



A Letter From the SAC President

On behalf of the University of Cincinnati Student Alumni Council (SAC), I am proud to present the 2024-25 Red and Black Book. This book highlights the best of the institution we are proud to call home — the students who take every day as an opportunity to grow and give back to UC; the faculty who pour their knowledge and commitment into the lives of their students; and our alumni who carry that Bearcat spirit into the world after graduation.

I have the great pleasure of serving as President of SAC and, through this role, connecting with Bearcats past, present and future. Being a part of SAC has done so much for me in my time at UC. I've met alumni who I now consider friends and mentors, I've developed a deep love and commitment to our university beyond what I thought was possible, and I've gained friends for life.

Every day at UC is an opportunity. In my opinion, UC has more to offer both in and out of the classroom than any other school in the country. We are a top university for cooperative education and a member of the Big 12 Athletic Conference. Cincinnati boasts numerous Fortune 500 companies, is home to one of the Best Children's Hospitals (U.S. News Best Children's Hospitals 2024-25), and has three major league sports teams. There is more to do and explore than you can imagine. This is truly an exciting time to be a Bearcat!

But the magic of UC is not in what surrounds our school, but in the everyday experiences and interactions with our Bearcat community. UC students thrive because they are surrounded by peers and mentors who care deeply for one another and equip them for their life and career ahead. Differences are celebrated and students are empowered to use their voice and talents to change the world around them.

My advice to you is to seek the heights of what is possible, do it together, and remain ever loyal to UC. I wish you all the best on your journey.

Go Bearcats!



Bridget Verkamp

A Letter From President Pinto

Dear Students,

Welcome to the University of Cincinnati, and congratulations on your arrival as a Bearcat. Many successes have led you to this point in your academic career, and we are thrilled to be a part of your next challenge. Thank you for choosing UC.

You've picked an amazing time to study here. We are experiencing record enrollment, and our university's impact on our city, the region and the world has never been greater. You are our university's best example of what we mean by NEXT LIVES HERE. You are the next generation of talented leaders and change agents who will create the future — a future that will be shaped by your knowledge, values, ideas and strengths.

As you pursue your studies, we want you to build an educational foundation that prepares you for a world of accelerating change and lifelong learning. I hope you seize every moment while you are here and take full advantage of every opportunity at experiential learning. UC offers countless co-ops, internships, community service projects and interdisciplinary courses that focus on business and social issues. Through the Bearcat Promise, our goal is to ensure that you reach your graduation on schedule, with a degree in one hand and a career plan in the other. I look forward to congratulating you personally when you cross our commencement stage.

This booklet is filled with useful information for your life as a Bearcat. If you have questions or need assistance of any kind, please don't hesitate to ask our faculty and staff for help. We want you to flourish to your full potential — to build your "next."

Again, welcome to the UC family. Have a great academic year!

Warmest regards,

Neville G. Pinto
President
@Prez_Pinto



A Rich History



Our Roots

Founded in 1819, the University of Cincinnati is leading urban, public universities into a new era of innovation and impact through its strategic direction, [Next Lives Here](#), underscoring the power of creativity, ingenuity and invention.

The university traces its origins to 1819, and celebrated its bicentennial. In 1819, both Cincinnati College and the Medical College of Ohio were chartered. In 1870, the City of Cincinnati established the University of Cincinnati, which later absorbed the two predecessor institutions.

For many years, UC was the second-oldest and second-largest municipal university in the country. In 1968, UC became a "municipally sponsored, state affiliated" institution, entering a transitional period culminating on July 1, 1977, when the university joined the university system of Ohio.



Who We Are

The University of Cincinnati has undergone much growth in the past two centuries. Comprised of 14 colleges, located on three distinct campuses, and home to 50,000+ students, UC is constantly striving for more. UC has remained firm in its support for experience-based learning, founding and globally leading the cooperative education (co-op) program. **UC is ranked fifth in the nation for co-op and internships** (U.S. News Best Colleges 2023). UC continually excels in the midst of changes, ranking in the top 70 of “most innovative national universities” (U.S. News & World Report 2024). As part of President Pinto’s strategic direction “**Next Lives Here**”, UC is pioneering and growing, all while remaining true to its mission to “seek the highest.”



The Bearcat

From an evolution of logos, to the student section leader, the mascoted students sworn to secrecy have a rich history.

The Bearcat was born on October 31, 1914. Previous nicknames included “Varsity,” the “Cincinnati Eleven,” and even “Little’s Boy’s,” our coach’s name at the time. After a difficult yet successful game against the Kentucky Wildcats, cheerleaders created a new chant alluding to player Leonard K. Baehr. The chant, “they may be Wildcats, but we have a Baehr-cat on our side,” created what we now know as our mascot.

As the Bearcat developed, there was need for someone to play the part. The spirited students who have proudly worn the Bearcat costume bring unparalleled energy and enthusiasm to every game, rally, and event. Their dedication to boosting school spirit and engaging with fans young and old showcases their passion for UC. Garrett Butler, Bus ’23, a recent alumnus and former SAC member, talks about his experience:

“Being the Bearcat was by far the greatest part of my college experience at UC. I had the honor of “donning the fur” for three years and I could not have picked a

better time to be the Bearcat. My first football season was arguably the greatest in Bearcats football history, as it was the year we made it to the College Football Playoff! While it is hard to top that magical run, my favorite memory as the Bearcat is from our own National Championship. If you were like me, you probably didn’t know that mascots had a national championship competition, but they do! The Bearcat was fortunate enough to win back-to-back national championships during my first two years in the program. I am beyond grateful that I got the opportunity to represent our alma mater all over the world and will continue to be a proud Bearcat as an alumnus!”



Garrett Butler, Bus ’23



Sigma Sigma Commons



Residence halls, Morgens, Scioto and Spencer, rise behind Sigma Sigma Commons.

Exactly what histories and traditions are tied to our sacred green space on campus?

In the early 1990s, the University of Cincinnati created and enacted the UC Master Plan — a major construction project targeted at making more open space on the university’s Uptown campus. Due to rapid building and development of the university in the 1950s, many of the buildings across the campus were closely compacted, leaving little space for students and faculty to access in between.

With the construction of Sigma Sigma Commons in 1998, UC had one of its first open, outdoor spaces, bringing new life and meaning to campus. Sigma Sigma Commons holds numerous events through the year, including football tailgates, carnivals, and concerts. On a daily basis, one can expect the Commons to be filled with students swinging in hammocks, playing games in the grass, or studying in the sun. This space provides Bearcats with opportunities to build relationships, relax from heavy workloads, and build unforgettable memories on campus. It is through these things that UC has become a home away from home for thousands.

What is

Experiential Learning?

The University of Cincinnati invented cooperative education more than 100 years ago and we continue to innovate all aspects of experience-based learning, including internships, service learning, virtual co-ops, community projects and industry partnerships. Some colleges require that students complete co-op rotations; however, all disciplines are flexible in allowing internships, co-ops, and study abroad experiences.

Today, Cincinnati’s classroom extends to nearly every corner of the globe, from co-ops at Fortune 500 companies to trailblazing experiences in places like China, Morocco, and South America. UC is ranked fifth in the nation for co-op and internships (U.S. News Best Colleges 2023), and students earn a collective \$88 million annually working for thousands of employers including, Disney, Toyota, Kroger and Procter & Gamble.



Madeline Conroy
Nursing
College of Nursing

“I am currently working at the University of Cincinnati Medical Center in the Emergency Department. Each day in the program, I gain more confidence in my skills while being surrounded by such an encouraging group of experienced nurses.

There are great programs offered through the College of Nursing including iLead, a program designed for first-year nursing students to provide a support system as they navigate college and the study of nursing. Another fantastic opportunity for nursing students is the Dedicated Education Units (DEU) program. When starting clinicals, students can apply to work one-on-one with a nurse during their clinical rotations, receiving an individualized teaching experience rather than in a group setting. There are numerous programs to get involved in at UC, I recommend taking advantage of as many as you can!”



*Anna
Glanzman*
Communication
Design
College of Design,
Architecture, Art
and Planning

“The co-op experience at UC opens up opportunities that play a vital role into development as a designer and professional. Although the weeks leading up to co-op search can be tiring, having the chance to make connections, explore new areas of design, and expand my work within my college career is what makes being in DAAP stand out. The determination and quality of work that my peers and I strive for speak to the impact that co-op rotations have had on us. I have learned how to share my work, discuss design principles, my process for design, and more with others in interview processes.

I have had the opportunity to live in Chicago for a semester, and I have been able to explore new avenues of design within my different co-op experiences, guiding me in my exploration for what area of design I would like pursue.”

Check out the co-op
program webpage to
learn more!



Evan Guadette
Mechanical
Engineering
College of Engineering
and Applied Science

“My co-op experience at UC has been a fantastic, transformative opportunity allowing for a blend of academic learning and professional development. As a student I have had the opportunity to engage in three co-operative opportunities with multiple companies, and I have two more opportunities to complete before I graduate. These operate every other semester allowing me to take topics covered academically and build on said content and skills in the professional environment.

Engineering experiences can vary and allow students to explore, experience, and learn about all different environments in the engineering field, which has allowed me and countless students to find their passion and field while still in school. CEAS uses these experiences to redefine what a student in the STEM field can achieve while being a full-time student.”



Faculty Insights

Advice from some of UC's fabulous faculty members.



JZ Bennet, PhD
Assistant Professor, Criminal Justice

“I love teaching at the University of Cincinnati because it allows me to inspire and shape the next generation of social justice leaders who are making a real impact in the criminal justice field. Being part of one of the top-ranked programs in criminal justice, I have the privilege of working with students who are directly influencing policy, transforming communities, and advancing the field in meaningful ways.”

“As you begin your academic journey, remember that there’s greatness in you - you are already great! Everything you need to be successful is within you; it’s just waiting to be cultivated. By nurturing your greatness and staying ready, you’ll unlock your unlimited potential and transform opportunities into success.”



BettyAnne Gottlieb, PhD
Division Head and Associate Professor Educator of Music
Education (Strings)

“Opportunity. Rigor. Community. There are so many opportunities to explore interests and passions while also focusing on a particular area. The faculty are top-notch offering high quality teaching, scholarship and creative activities, while engaging their students and others in important discourse to deepen understandings and lead to new ideas. Bringing all of this together is the sense of community – within majors, among colleges, across the university, and with colleagues around the world. And we have one of the best performing arts venues right on our campus (CCM)!”

“Be present - for yourself in class, at rest, and at play. Connect - with others in your area, but also with people outside your major. Breathe - find something you are passionate about and enjoy the journey.”



Autumn Miller, PhD, A&S '06

Associate Professor, Communication

“Teaching at UC is getting the chance to empower students to learn more about themselves and what they want out of life. We create opportunities that help them acquire new knowledge and skills, amplifying their success both today as current Bearcats and as working professionals. I enjoy seeing when what we’ve done in the classroom opens students’ minds as well as doors for internships, co-ops, and jobs. There is nothing more gratifying for me as a professor than seeing my students thriving, succeeding, and winning at life.”

“Explore all there is to offer here at UC. It’s a big place and it can be overwhelming – don’t be afraid to ask questions, try new things, and get involved. Make friends with your peers and your professors (yes, your professors, too). Start building your network now, and be willing to get out of your comfort zone. Growth only happens through change.”



Dennis Puhalla, PhD, DAAP '68, '72

Emeriti Professor, Communication Design

“I love UC because I love my students. My colleagues are the best, and the staff is friendly and supportive. Experiential learning and industry collaboration is a hallmark of the curriculum. Because UC is a Research I University in an urban environment, it is diverse and provides wide-ranging opportunities. I love UC as the place that has enriched my life experiences.”

“Be brave, be confident, be humble. Don’t be afraid to make mistakes. Explore and engage. Campus life is a rich blend of learning, play, and social interaction. Treasure your friendships as they will become lifelong. Be contemplative and reflective. Insights will guide, motivate, and energize a clear path to achieving your goals.”



Daniel Waddell, PhD, A&S '12

Associate Professor, Chemistry

“I was drawn to teaching at the University of Cincinnati because of its innovative approach to teaching and learning and its student-centered focus. UC stands out as a place that not only values academic excellence but also champions the spirit of discovery. Most importantly, UC’s students are amazing! Our students fuel my love of teaching and make every lecture and student interaction truly rewarding. The university’s commitment to fostering a supportive and dynamic learning community is why I love it.”

“Don’t be afraid to try new things. College is the perfect time to step out of your comfort zone and experiment. Whether it’s a new study topic, a research project, or a club, these experiences will shape you in unexpected and wonderful ways. Keep an open mind, and let your curiosity lead you. And to the alumni, take this adventurous spirit with you. Let the courage and openness you’ve embraced at UC guide you in your future endeavors. UC is more than just a university.”



Anne Marie Vonderheide, PhD, A&S '97, '03

Undergraduate Director and Professor, Chemistry

“Being an educator in the Department of Chemistry has allowed me to share my passion for a subject that is fundamental. To inspire students, and give something back to the academic community is more than I ever could have asked for. Teaching is a continuum, and I love doing for my students what my professors did for me. And I especially love doing this at UC where we have such a diverse student body because this brings a plethora of perspectives to any discussion.”

“Critical thinking and hard work are always the best path to success. We all have different talents and aptitudes, and not everyone is going to make it to the top. But when students discover what those talents are, and then apply themselves with much practice, they are almost always successful in their lives and careers. And so my best piece of advice would be to give your all to these opportunities and never miss a class.”

Nippert Stadium



Cincinnati Athletics commemorated the 100-year anniversary of the dedication of Nippert Stadium during the entire 2024 football season, celebrating the life of stadium namesake Jimmy Nippert as the Bearcats' season-long theme. The celebration took center stage Nov. 9, 2024 when the Bearcats faced rival West Virginia on Carson Field.

Nippert was a center and captain on the 1923 football team when he sustained an injury on Thanksgiving Day against rival Miami. He fell ill with blood poisoning and died on Christmas Day. Nippert's grandfather — James N. Gamble, son of the Procter & Gamble co-founder — donated \$250,000 for the completion of the stadium.

James Gamble Nippert Memorial Stadium had a capacity of 12,000 when it was dedicated. Cincinnati football has played at the current site since 1901. Construction began on the permanent seating structures surrounding Carson Field in 1915 before the fully completed stadium was finished and named in 1924.

Today, Nippert Stadium stands as the centerpiece of the University of Cincinnati's campus. Through several renovations, the stadium has modernized to feature suite levels and a press box, in addition to premium seating. It now seats just under 40,000 fans and remains in the middle of campus, adjacent to the Tangeman University Center. Nippert Stadium's turf is open to all students for recreation when not in use by the football or lacrosse teams for practices or games.

23-24 Season Highlights

The mens' basketball and baseball teams had incredibly competitive and successful seasons as they transitioned into the Big 12 Conference.

The mens' basketball team started the season 7-0. The demand for tickets contributed to an electric atmosphere in Fifth Third Arena. Students packed into the arena and held their breath during the last few minutes of the games where our team fought to defend their lead. It was always a gamble to see if we could hold our own against powerhouse teams. The Bearcats shocked the world with a groundbreaking performance with their win against Kansas in the Big 12 tournament.

The baseball team also had an impressive season, ending the year fifth in the Big 12 with a record of 32-25 and advanced to the third round of the Big 12 tournament. Attending baseball games was a highlight, as entry was easily accessible for students. The spring season games provided a pleasant and relaxing atmosphere, perfect for clearing the mind or catching up with friends.

Additionally, UC Clermont men's baseball achieved a remarkable feat by winning the Small College National Championship. Notably, the team was composed entirely of Greater Cincinnati natives.



23-24 Season Highlights

In the dynamic world of sports, women have continually pushed boundaries, shattered records, and defied expectations. From the early pioneers who fought for their right to compete, to the modern-day trailblazers setting new standards of excellence, the journey of women in sports is a testament to resilience, determination, and the unyielding spirit of competition.

The women's basketball team, under the guidance of head coach and UC alumna Katrina Merriweather, A&S '01, CECH '02 (pictured below), navigated their first season in the Big 12 Conference. Merriweather, a former Bearcats player, brings a wealth of experience and a fresh perspective to the team. The season opener against the Louisville Cardinals at Fifth Third Arena marked a significant start. Additionally, the team participated in the Paradise Jam in the U.S. Virgin Islands, where they faced formidable opponents like Colorado, NC State, and Kentucky.

Key players this season include Mya Jackson, who returned for an additional season, and Malea Williams, who is looking to solidify a starting role. New transfers such as Aicha Dia from Penn State and Destiny Thomas from Memphis are expected to make impactful contributions.

The women's soccer team has shown remarkable performance with their strong start of the season. Their significant wins emphasize their tactical acumen and teamwork. Their rigorous training and strategic play have positioned them well within the Big 12. After their 3-2 win against Baylor and close game with Texas Tech during the tournament, the women's team is building confidence for the new season.

The women's volleyball team has been competitive, showing consistent improvement in their play. They have faced a tough schedule but have risen to the challenge, showcasing their resilience and skill on the court.

The University of Cincinnati's women's sports teams not only had a fantastic 2023-24 season, but are continuing to succeed against tough opponents and excited to have an amazing future.



Learn more about
our Bearcat student
athletes!



Olympic Bearcats



The 2024 Summer Olympics in Paris were a thrilling spectacle, and the University of Cincinnati Bearcats made a remarkable impact on the world stage, with alumni and current students showcasing their extraordinary talents, leaving a huge mark on the Games.

Jordan Thompson, CECH '18, '20, a UC volleyball star, returned to the Olympic arena after her historic gold medal performance in Tokyo. Representing Team USA once again, Thompson added a silver medal to her collection, becoming the first Bearcat to medal in two Olympic Games. Her journey from the volleyball courts of UC to the South Paris Arena demonstrated the spirit and skill of UC athletes.

Annette Echikunwoke, A&S '18, Bus '19 (pictured above), a trailblazer at UC in Track and Field's Throwing events, also made headlines. She represented Team USA in Paris and earned the silver medal in the hammer throw. This marked the first time an American woman medaled in that event, highlighting her exceptional historic accomplishments and commitment to the sport.

On the soccer field, Vanessa Gilles, CECH '18, one of UC's most decorated women's soccer players, continued her pursuit of Olympic success with Team Canada. After helping Canada win gold in Tokyo, Gilles was a standout in Paris. Her defensive skills and leadership on the field reflected her outstanding career both at UC and on the international stage.

In track and field, sprinters Chris Borzor, A&S '22, and Naquille Harris, A&S '24, showcased their explosive talents in Paris. Borzor, representing Haiti, was a top competitor in the 100-meter dash. Meanwhile, Harris, competing for St. Kitts & Nevis through a universality spot, displayed his sprinting abilities as he built on his impressive collegiate career.

Ramez Daa Sobhy, an incoming UC freshman, also appeared, diving into the Olympic spotlight. Competing for Egypt, Sobhy demonstrated his skills in the 10-meter platform dive, marking an exciting start to his Bearcat journey.

Adding to UC's representation was Lewis Johnson, Univ '86, Hon '17, a UC Hall of Famer, who served as a track and field reporter for NBC. Johnson's coverage of his 13th Olympic Games brought a special touch to UC's presence at the event.

As the Games concluded, UC's Olympians not only participated but made history and inspired future generations. Their dedication and talent reflected the spirit of the Bearcats and continued to elevate UC's reputation on the world stage.





Football Gameday Traditions

- 1. The Sigma Sigma Commons hosts The Grid tailgate on gamedays. Known for its vibrant atmosphere, the event brings together students, alumni, and fans. Fostering camaraderie and pride within the UC community, the tailgate welcomes die-hard sports enthusiasts or fans simply looking to enjoy the festivities.
- 2. The tradition of dressing in all black, symbolizing strength, unity and intimidation, is often highlighted during special “wear black” games. Players and fans create a sea of black in the stands, a powerful symbol of our team’s identity, reflecting their tenacity and unwavering spirit on the field.
- 3. Once the student section is filled, the Bearcat Marching Band rushes down the steps, filing in one-by-one as they harmoniously transition into “Cheer Cincinnati.” Before the first ball is caught after kickoff, students and fans will shout “N-A-T-I.” During the game, ROTC cadets will do a push-up for every point scored by the Bearcats.
- 4. Football cheers are an integral part of the game day experience, energizing both the team and the fans. From the iconic “C-A-T-S, Cats, Cats, Cats!” chant to the rousing “Down the Drive” cheer, these spirited exclamations echo throughout Nippert Stadium, creating an electrifying atmosphere.



To learn “Down the Drive,” head to the University of Cincinnati YouTube channel!



Alma Mater

*O Cincinnati, magic name, I proudly to the world proclaim;
No sweeter word e’er charmed my ear,
None to my heart was e’er so dear,
A fountain of eternal youth, a tower of strength, a rock of truth.*

*Oh varsity, dear varsity, thy loyal children we will be,
Thy loyal, loyal children we will be.*

Cheer Cincinnati

*Cheer Cincinnati, Cincy will win
Fight to the finish, never give in (Rah, Rah, Rah)
You do your best Cats, we’ll do the rest Cats,
Onward to victory!*

*Go Red, Go Black, Go Bearcats! Fight! Fight! Fight!
(Give me a) B-E-A-R-C-A-T-S Go UC!*

*Cheer Cincinnati, Cincy will win
Fight to the finish, never give in (Rah, Rah, Rah)
You do your best Cats, we’ll do the rest Cats,
Onward to victory!*

*B-E-A-R-C-A-T-S (Spell it out!)
B-E-A-R-C-A-T-S*

*B-E-A-R-C-A-T-S (One more time!)
B-E-A-R-C-A-T-S*

Student Spotlights

Get to know a few of your fellow Bearcats!



Jayden Balwally

Communication Design, College of Design, Architecture, Art, and Planning (DAAP)

“Next Lives Here. UC’s bold motto is the perfect description of how it impacts students in every facet of life. As a student studying communication design and the current graphic designer for the football team, I have been blessed with countless opportunities to grow within myself. The deep and extensive co-op program, on-campus work experiences, student events, sports, and great campus life have contributed to what makes UC perfect for me!”



Avery Benedict

Special Education, College of Education, Criminal Justice, and Human Services (CECH)

“As a CECH student, I have not only received on-site field experience, but also found a job opportunity that perfectly embodies what I want to do. In one year, I have been to two Cincinnati public schools, observing real classrooms and providing hands-on tutoring. UC’s special education program offers a multitude of chances to gain experience early and effectively.”



Cole Kocher

Finance, Lindner College of Business (Bus)

“The best part of UC is without a doubt the support of faculty and resources provided to help students find their own way. A great way UC accomplishes this is through learning communities and clubs. If you find a common interest among a group of people, you can create a club with those people to help spread awareness of a great cause. Communities you find and memories you make at UC will stay with you for the rest of your life. Live your life in the present at UC because there will never be a time like this again.”



Ellie Langworthy

Political Science and International Affairs, College of Arts and Sciences (A&S)

“From serving as a Peer Leader in UC’s Learning Commons to being elected as a Senator-at-Large in the Undergraduate Student Government, my community involvement has been the most rewarding aspect of my college experience thus far. I’m continually inspired by the unwavering passion of UC’s students and faculty members, whose belief in my abilities has empowered me to step outside of my comfort zone and take on leadership positions. My advice is to be brave and just go for it! It’s never too late to join a new club, make a new friend, or reinvent yourself.”



Vamshi Singidi

Medical Sciences, College of Medicine (Med)

“What I love most about UC is its proud community that fosters lifelong friendships and encourages trying new things. Whether it’s joining a club, exploring a new hobby, or goofing off with friends, every moment has shaped who I am. College is more than academic learning; it’s about discovering yourself and striving to be your best. My advice to anyone starting this journey is to embrace every moment, step out of your comfort zone, and find what makes you happy.”

Student Activities

Club Sports

Looking to keep up with sports in college? Check out UC Club Sports! A program providing UC students with an outlet for their athletic endeavors. Not only have these organizations helped members stay physically active, but the tight bonds between the players creates a fun and enjoyable social atmosphere!

Program and Activities Council

The Program and Activities Council (PAC) is a student organization responsible for planning and coordinating a variety of campus-wide events and activities. PAC typically organizes social, cultural, recreational, and entertainment events to enhance student life on campus. Just last year, they brought in comedian Joe Gatto in Fifth Third Arena and NLE Choppa for the Red and Black Bash!

Student Activities Board

Want to start a club? You might find yourself working with this org! The Student Activities Board (SAB) works collaboratively with the Center for Student Involvement to register, promote, and regulate student organizations.

Student Alumni Council

The Student Alumni Council, commonly known as SAC, serves to foster genuine connections between undergraduate students and the extensive alumni network of UC. With over 350,000 alumni around the world, UC encourages its students to engage with those who have walked the same paths, shared similar experiences, and conquered unique challenges that have brought them to where they are today. SAC seeks to create opportunities for students and alumni to understand each other's individual stories so that they may work together to uplift our university.

SAC engages with campus by inviting alumni to share their wisdom at Brunch with Bearcats and tabling on MainStreet, spreading the word about our mission and Day of Giving. SAC puts on events for former and current students:

- Homecoming Weeklong Events
- Homecoming Parade
- Dinner with Bearcats
- Senior 100 Experience

Students gain invaluable insights into alumni careers while building connections within the UC community.

Interested in forming close bonds with students? Want to stay connected to the Bearcats community? Get involved in SAC! Connect to great people, experience exciting events, and help foster a community of growing alumni. Follow us on Instagram for the most up-to-date information!



Interested in learning about over 600 UC organizations? Scan the QR code!



RESOURCES

African American Cultural & Resource Center (AACRC)

The AACRC fosters an atmosphere where lively conversation is welcomed and encouraged, leadership development and academic success are prioritized, and quiet study spaces are regularly utilized. The AACRC also hosts several large-scale traditional programs that are annual marquee events of the student experience.

Accessibility Student Resources

Accessibility Resources leads the campus community in supporting students with disabilities by fostering an environment that places independence, inclusion and success at its core. We help provide a comprehensive collection of resources related to our office and accessibility for the UC Bearcat community.

Bearcats Pantry

The UC Bearcats Pantry provides free food, hygiene items, cleaning supplies, and professional clothing to students of all backgrounds with food and other insecurities. The pantry also provides meal vouchers that can be used at campus dining halls and To-Go Bags that can be conveniently picked up at locations across campus.

Center for Community Engagement

The Center for Community Engagement (CCE) connects the Bearcat community to the Cincinnati community. Students can find and participate in semester-long volunteer opportunities such as Bearcat Buddies, dive into a one-time volunteer need, join together for a community impact day, or find ongoing volunteer opportunities in the community all year long!

Counseling & Psychological Services (CAPS)

Students and members of the UC community concerned about students have access to mental health crisis care and consultation. After-hours crisis services provide care 24/7 while CAPS is closed for in-person services. You may call our direct number at 513-556-0648 and press 1 to speak with a counselor.

Ethnic Programs & Services (EPS)

Ethnic Programs & Services (EPS) supports the student experience through programs and services that promote academic excellence and provide a space for positive social connection with other Bearcats, cultural enrichment, and leadership development. EPS enhances the cultural awareness of the entire university community, supports the needs, growth, and development of students, builds bridges between the university and the community, and addresses the academic, social, spiritual and cultural needs of the campus community.

Fraternity & Sorority Life

The fraternity and sorority community at UC includes more than 3,200 students at our Uptown, Clermont, Blue Ash, and Medical campuses. The community currently consists of 46 chapters: 10 College Panhellenic Council (CPC) chapters + 1 associate chapter, 20+ Interfraternity Council (IFC) chapters, 4 Multicultural Greek Council (MGC) chapters, and 6 National Pan-Hellenic Council (NPHC) chapters.

Gen-1

Gen-1 is a groundbreaking University of Cincinnati program that is the nation's first living - learning community to focus on first-generation college students. The Gen-1 Program was established in 2008 to supports Pell-eligible, first-generation college students with a structured environment in which to live, learn, and work.

University Housing

Over 80% of incoming freshmen, plus many returning students, choose to live in University Housing! This is a great way to make a large university feel small.

LGBTQ+ Center

The LGBTQ Center welcomes and provides support and resources for all people of every sexual orientation and gender identity. The Center facilitates LGBTQ+ and allied visibility by promoting and enhancing understanding, acceptance, and awareness regarding LGBTQ and allied issues.

Veterans Programs & Services

The Office of Veterans Programs & Services was founded to ensure that all individuals associated with the military that chose the University of Cincinnati would have a seamless transition from the Armed Forces to college.

UC Women's Center

The UC Women's Center offers programming and events for the campus community related to its three pillars: action, justice, and connection. All students are invited to engage in programs. As a result of action, students will have confidence to utilize and voice their beliefs and values, becoming change-making leaders on campus and in their communities. Because of justice, students feel empowered and understand how to utilize their spheres of influence to create change. Through connection students will develop authentic relationships that inspire and empower them to be fully engaged with the UC community.



Welcome, New Bearcat!

On behalf of UC's 350,000+ alumni and 53,000+ current students, I congratulate you on joining the Bearcats family. At this important time, we're pleased to provide you with your own copy of The Red & Black Book created by your fellow undergrads in the Student Alumni Council, the student organization affiliated with the UC Alumni Association. Full of UC history, fun facts and peer-to-peer advice, it's like a book version of "How to Be a Bearcat 101."

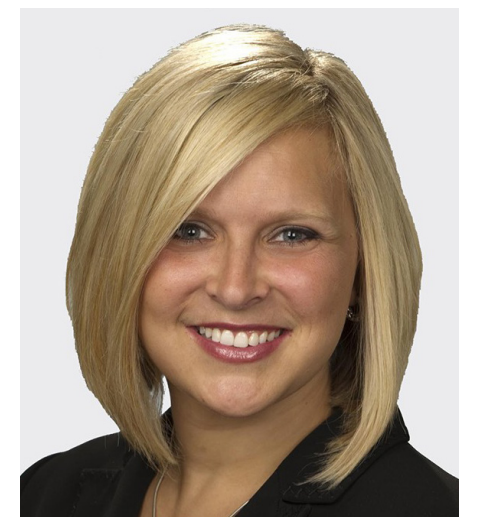
The Red & Black Book will help you learn the UC landscape and where you can find great opportunities to get involved, which is vital to making the most of this special time in your life. When you fill up your student years by pursuing your passions in that way, you'll enrich your Bearcat experience, both here on campus and throughout your life. This book will help acquaint you with countless things to do, places to go, and groups you can join. And that begins a natural chain of connected people, events and resources that will help shape your life.

In that way, your UC network will grow and grow over the years — as extensive and powerful as you want it to be. The process is endless, and it starts now. Just use The Red & Black Book as a trusted resource, then see where your courage and curiosity lead you.

Again, welcome to the UC family. Enjoy every moment here, help keep UC's traditions alive, and remember that your UC Alumni Association is your lifelong partner in the journey.

Go Bearcats!

Jennifer L. Heisey '97
Chief Alumni Officer



EYE OF THE BEARCAT HOMECOMING 2024

Tens of thousands of alumni and students returned to campus the weekend of October 19 for one of the most memorable Homecoming celebrations in UC's long history. Many more visitors to the area were acquainted with the legacy of UC alumni excellence during the 2024 edition of BLINK, the nation's largest public light and art event, where the [UC Alumni Mural](#) in Over-the-Rhine made an unforgettable impression.

Collaborating with key organizations across campus, the Student Alumni Council also hosted weeklong Homecoming weeklong events which engaged a thousand students in activities that reflected their pride in being future alumni and lifelong Bearcats. Experiences ranged from Coneys on the Quad, Bearcat Friday Festival, Car Smash, T-shirt Swap, HoCo Cup of Joe, and the Graeter's Wagon.

On Saturday morning, over 5,000 spectators gathered along Clifton Avenue to take in the traditional UC Homecoming Parade, presented by the UC Alumni Association (UCAA) and Student Alumni Council. With an "Eye of the Bearcat" theme as a nod to BLINK coinciding with the weekend, this year's parade featured 50 student organizations, alumni groups, community partners, and over 1,200 participants.

SAC and UCAA were also featured during Halftime as we announced Homecoming King Matt Santiago, Bus '25, and Homecoming Queen Evelyn Overstreet, Bus '25, in front of a sold out crowd at Nippert Stadium.

Homecoming's heartwarming spirit is reflected in the individuals and groups who have carved out traditions over time; we "do Homecoming" in personal ways that strengthen our relationship with UC and fellow Bearcats. **Save the date for Homecoming 2025 on Saturday, Oct. 25** as the Bearcats take on the Baylor Bears.



Advice From

A L

Justin Austin
A&S '21

“Sometimes the best opportunities come in the most unexpected moments. So stay curious, never be afraid to try something new, and always remember that every experience you have can teach you an invaluable lesson so long as you let it.”



Kiley Gawronski
DAAP '23

“Get involved! Joining an organization or two not only makes your time in college that much more well-rounded, but it connects you with people who will become lifelong friends and will bring you experiences that you’d never have expected!”



U

Stanley Godlewski
Bus '54

“Don’t spend too much time worrying about majors, minors, and accolades. Often times the things you end up doing and enjoying in life come unexpectedly anyways.”



M

Dr. Jacob Rounds
A&S '11

“Use your time at UC to build relationships and your portfolio. Say yes to opportunities, do things that make you stand out from the crowd, and build a network that you can lean on in the future.”



N I

Ariel Mary-Ann Shaw
A&S '20

“Give yourself permission to take up space, only you can tell yourself who you are. Don’t dim your light for the comfort of others. Live your truth unapologetically.”



Anna Smith
A&S '21

“I urge new students to step beyond their comfort zones! UC can be a powerful catalyst in shaping your identity and future path. Build meaningful relationships with your peers, faculty, and staff – these connections could open doors to amazing opportunities!”



Fountain Square

Whether you attend Trivia Night, Salsa on the Square, and even Ice Skating in the wintertime, Fountain Square is a great spot to start exploring the city of Cincinnati. The centerpiece of the square, a bronze statue with arms outstretched, is surrounded by tons of restaurants.

The Banks

A short walk south from Fountain Square is our vibrant riverfront. Next to The Banks, you'll find Smale Riverfront Park, a great spot to snap a few pictures. If you're feeling adventurous, take a stroll on the Roebling Bridge, lighting the way to the Bluegrass State.

Findlay Market

Tucked away in Over-the-Rhine (OTR), Findlay Market is the perfect spot to spend your weekend afternoons taking in the sights, sounds, and smells of Cincinnati. You'll find tons of local vendors sharing their goods and delectables throughout the strip, which is enclosed by some fascinating architecture.

Cincinnati Music Hall

If you're looking to catch a live performance and appreciate the arts, checking out Cincinnati Music Hall is a must. If not, the building itself is still worth checking out. In front of the iconic city landmark is Washington Park. With great landscaping, a nice pavilion, and plenty of events, this spot is great to continue your exploration of Cincinnati!

Eden Park

Eden Park is one of Cincinnati's best and most beloved parks. On its grounds, the Krohn Conservatory houses a variety of plants in their botanical gardens and plenty of butterflies, depending on the season. Also located in Eden Park, the Cincinnati Art Museum displays a variety of art pieces and famous works. As an extra plus, admission to the museum is free!

Explore Inside The



Unique Experience

UC Alumni Mural

Each year, the UC Alumni Association celebrates alumni excellence by bestowing its top awards on a select group of Bearcats for all they do to serve their university, their communities, and their fields of endeavor. Since 2021, part of this annual celebration has included honoring these remarkable Bearcats through a vibrant, new community art project that is unveiled during Alumni Week.

This year, the UC Alumni Association was proud to be part of BLINK, the nation's public light and art event, which coincided with Homecoming Weekend. The [UC Alumni Mural](#), located in the OTR Zone, highlighted alumni excellence through dynamic projection lighting for four nights.

Support our sports

Cincinnati is home to the Reds, Bengals, FC Cincinnati, and the Cyclones. Cincinnati also hosts an annual tennis tournament, the Cincinnati Open (formerly Western & Southern Open). When you're not cheering on the Bearcats, there's always another Cincinnati sport to support!

Try our food

The perfect day of Cincinnati eats consists of a Belgian waffle from Taste of Belgium, a three-way and coney from Skyline, a cheese pizza from LaRosa's, and a tasty scoop of ice cream from Graeter's. Venture into the Queen City and explore Cincinnati's cuisine!

Explore our parks

You can find more than 300 parks across the Greater Cincinnati area. Ault Park, Sawyer Point, Mount Airy Forest, and Burnet Woods just to name a few great ones. Grab your friends and reconnect with nature!

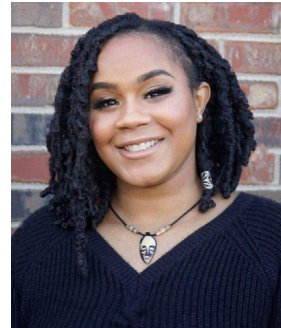


Red & Black Book Committee



Sydney Grill
Chair+Design

Sydney is a second-year studying Communication Design. She enjoys running with her friends and trying different matcha lattes.



Briana Harper, UCBA '18
A&S '21, Bus '21

Advisor
Bri is the advisor for Student Alumni Council and UCAA Program Director, Alumni Engagement. She is awesome!



Maggie Albers
Committee

Maggie is a fourth-year studying Communication Design. Her favorite dessert is a Trader Joes ice cream sandwich.



Dean Haynes
Committee

Dean is a freshly graduated alumnus continuing higher education at the University of Maryland. In the summer, he loves to swim.



Gabriella Le
Committee

Gabriella is a third-year studying Medical Sciences in the College of Medicine. She would love to learn to play the piano one day.



Zohair Siddiqui
Committee

Zohair is a second-year majoring in Medical Sciences and Business Economics. He thinks that pineapple does belong on pizza.



FEELING GOOD
IT'S *Skyline* **TIME!**